



PLOUGH AND HARROW

Litlington

SUNDAY MENU

Sunday
12pm-5:45pm

FOR THE TABLE

MISTOLIVA OLIVES v/vg/gf/df	4.5
GARLIC & ROSEMARY FOCACCIA olive oil v/vg/df	5
CHARGRILLED PADRON PEPPERS smoked sea salt v/vg/gf/df	5
GARLIC & ROSEMARY (for two)	17
BAKED CAMEMBERT v/gfo caramelised onion chutney, toasted sourdough	

STARTERS

SALT & PEPPER CALAMARI crispy squid rings, aioli, lemon df	9
SUSSEX SCOTCH EGG locally sourced sausage meat, date & fig chutney	9
SOUP OF THE DAY toasted garlic focaccia v/vg/df/gfo	8
TOASTED PITTA BREAD & HUMMUS wild garlic oil, pine nuts v/vg	6

SUNDAY ROASTS

SUSSEX TOPSIDE OF BEEF Duck fat roast potatoes, creamed spring cabbage, glazed carrots, tenderstem broccoli, beef jus, Yorkshire pudding, horseradish gfo	22	ROASTED CHICKEN SUPREME Duck fat roast potatoes, creamed spring cabbage, glazed carrots, tenderstem broccoli, Yorkshire pudding, beef jus gfo	20
SLOW COOKED PORK BELLY Duck fat roast potatoes, creamed spring cabbage, glazed carrots, tenderstem broccoli, beef jus, Yorkshire pudding, apple sauce gfo	20	ROASTED SWEET POTATO, PEPPER & SPINACH WELLINGTON Roast potatoes, creamed spring cabbage, glazed carrots, tenderstem broccoli, Yorkshire pudding, gravy v/vgo/df	19

MAINS

LONG MAN BEER BATTERED COD, house chips, peas, tartare sauce, lemon gfo	18
SUSSEX BEEF BURGER, 8oz beef burger, toasted brioche bun, crisp lettuce, tomatoes, gherkins, burger sauce, house chips, coleslaw gfo Add bacon £1.25 / Add cheese £1.25	17
CAULIFLOWER & CHICKPEA BHUNA MASALA, lemon rice, mango chutney, poppadom v/vg/gfo/df	17

SIDES

HOUSE CHIPS v/vg/gf/df	4.5
CHEESY CHIPS v/gf	5.5
GARDEN SALAD lettuce, lemon dressing, parmesan v/vgo/gf	4.5
TENDERSTEM BROCCOLI Sautéed chilli v/vg/gf	5

DESSERTS

ETON MESS whipped cream, English strawberries, meringue, pistachio v/nuts	8	BAILEYS AFFOGATO vanilla ice cream, honeycomb v/gf	8	STICKY TOFFEE PUDDING butterscotch sauce, caramel ice cream v	8
HONEY & SEA SALT BROWNIE caramel sauce, vanilla ice cream v	8	CHOCOLATE & COCONUT TORTE raspberry coulis v/vg	8		
TRIO OF ICE CREAMS v/vgo	7.5	PETE'S HOMEMADE RUM & RAISIN ICE CREAM v			4.5 per scoop

PLEASE LET US KNOW OF ANY ALLERGIES OR DIETARY REQUIREMENTS

(v) vegetarian (vg) vegan (vgo) vg option (gf) gluten free (gfo) gf option (df) dairy free (dfo) df option (nuts) contains nuts
'Option' = this dish can be adapted. Please ask for details