



PLOUGH AND HARROW

Litlington

SUNDAY MENU

Sunday
12pm-5:45pm

FOR THE TABLE

MISTOLIVA OLIVES v/vg/gf/df 5.5

GARLIC & ROSEMARY FOCACCIA 6
olive oil v/vg/df

CHARGRILLED PADRON PEPPERS 6
smoked sea salt v/vg/gf/df

HOT HONEY & THYME (for two) 18
BAKED CAMEMBERT v/gfo
toasted focaccia, red onion

STARTERS

SALT & PEPPER CALAMARI 9.5
crispy squid rings, aioli, lemon

SAGE & ONION SCOTCH EGG 9.5
spiced plum chutney

SOUP OF THE DAY 8
toasted garlic focaccia v/vg/df/gfo

TOASTED PITTA BREAD & HUMMUS 7
with garlic oil, pine nuts v/vg

SUNDAY ROASTS

SUSSEX TOPSIDE OF BEEF 23
Duck fat roast potatoes, cauliflower cheese,
braised red cabbage, glazed carrots, brussel
sprouts, beef jus, Yorkshire pudding,
horseradish gfo/dfo
Add pigs in blankets £6

SLOW COOKED PORK BELLY 20
Duck fat roast potatoes, cauliflower cheese,
braised red cabbage, glazed carrots, brussel
sprouts, beef jus, Yorkshire pudding, apple
sauce gfo/dfo
Add pigs in blankets £6

ROASTED TURKEY BREAST 20
Apricot stuffing, pig in blanket, duck fat
roasted potatoes, braised red cabbage,
glazed carrots, brussel sprouts,
yorkshire pudding gfo

ROASTED SWEET POTATO,
PEPPER & SPINACH WELLINGTON 19
Roast potatoes, cauliflower cheese, braised red
cabbage, glazed carrots, brussel sprouts,
Yorkshire pudding, gravy v/vgo/dfo

MAINS

LONG MAN BEER BATTERED COD 18
House chips, peas, tartare sauce, lemon gfo/dfo

SUSSEX BEEF BURGER 18
8oz beef burger, toasted brioche bun, crisp lettuce,
tomatoes, cheese, gherkins, burger sauce,
house chips, coleslaw gfo/dfo
Add bacon £1.25

PLANT BASED THAI RED CURRY 17
squash, corn, cauliflower, seasonal greens,
coconut rice v/vg/gfo/df

SIDES

HOUSE CHIPS v/vg/gf/df 5

CHEESY CHIPS v/gf 6

SIDE SALAD baby gem lettuce, 5
cucumber, cherry tomatoes, onion
v/vgo/gf

TENDERSTEM BROCCOLI 5
Sautéed chilli v/vg/gf

DESSERTS

SPICED APPLE & STEM GINGER 8
CRUMBLE custard v/vg/vgo/gf

CHOCOLATE & ORANGE 8
BROWNIE vanilla ice cream v/mcn

TRIO OF ICE CREAMS v/vgo/mcn 7.5

AMARETTO & MINCE PIE 8
AFFOGATO
vanilla ice cream, espresso
v/mcn

BAILEYS CRÈME BRÛLÉE 8
with shortbread biscuit v/gfo

STICKY TOFFEE 8
PUDDING
butterscotch sauce, caramel
ice cream v/mcn

RUM & RAISIN ICE 4.5
CREAM v/mcn per scoop

PLEASE LET US KNOW OF ANY ALLERGIES OR DIETARY REQUIREMENTS

(v) vegetarian (vg) vegan (vgo) vg option (gf) gluten free (gfo) gf option (df) dairy free (dfo) df option (nuts) contains nuts
'Option' = this dish can be adapted. Please ask for details